Dedicated to

NHS University Hospitals Sussex NHS Foundation Trust

Ve Your Hospital Annual Report 2022-2023 St Richard's | Worthing | Southlands

Proudly working in partnership







St Richard's Hospital



Southlands Hospital



Worthing Hospital



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The Charity's annual report and accounts for the year ended 31 March 2023 have been prepared by the Corporate Trustee in accordance with the Charities Act 2011 and regulations made under section 154 of that Act. The Charity's report and accounts include all the separately established funds for which the University Hospitals Sussex NHS Foundation Trust is the sole beneficiary.

Message from our Chair

It is with a touch of pride that I share with you the final and closing annual report and accounts for **Love Your Hospital**, the dedicated charity for St. Richard's Hospital, Southlands Hospital and Worthing Hospital.

Over the years, Love Your Hospital has worked ceaselessly to fundraise in favour of medical equipment, projects to improve the hospital environment, to provide specialist training for staff, and to support research projects that advance patient care. None of this would be possible without the support of the many who have fundraised and donated to Love Your Hospital; from those who have held bake sales to those who have skydived, run marathons or enjoyed the pleasures of the Saywell Track Day!

What has always been important to me as Chair of the Charitable Funds Committee is that the charity makes an impact. With Love Your Hospital, the evidence that the Charity has made a difference is overwhelming. The examples are both numerous and inspiring to behold. Suffice it to say, the Trust has been through some difficult times of late and the shadow of Covid-19 is still there, but despite all the challenges, Love Your Hospital has continued to support, shape and add value to healthcare provision in West Sussex. All of this is with the vital support of local businesses, community groups, patients, and their families who have given their time and commitment to fundraising for the Charity and promoting its incredible successes.

And it is this support that we are looking to continue to draw from as we close Love Your Hospital and complete our merger with the Brighton and Sussex Universities Hospital Charity to become the all-new 'My University Hospitals Sussex'. A Trust-wide Charity that will continue to support healthcare provision at St. Richard's, Southlands, and Worthing Hospitals.



Lizzie Peers Chair of Charitable Funds Committee

So, whilst we ease shut the door on one chapter, we're opening another. Thank you for your support of all that we've done, and thank you for your support of Love Your Hospital. Together we look forward to new horizons and to new experiences.

Lizzie Peers Chair of Charitable Funds Committee

Welcome from the

Director of Charities and Voluntary Services

As the Trust's Director of Charities and Voluntary Services, I am writing to welcome you to **Love Your Hospital's** annual report and accounts for the year 2022-2023; a year that has seen, as you will well know, plans developed for the closure of **Love Your Hospital** and its merger with Brighton and Sussex University Hospitals (BSUH) Charity.

This is a hugely exciting development for the Trust and one that will see a new, integrated, charity result with a remit to fundraise and make grants across the wider Trust geography. Titled 'My University Hospitals Sussex', the new charity will draw reference from the heritage of Love Your Hospital and build upon the incredible success that has occurred to date. In just the last five years alone Love Your Hospital has raised more donations and granted some £3.6m in funding and support to a range of patient and staff-facing initiatives that have added real value to the Trust's Patient First programme.

Reflecting on the last twelve months much has been achieved. We have continued to work with colleagues at St Richard's, Worthing, and Southlands Hospitals to build back from the Covid-19 pandemic though a range of initiatives such as the creation of a staff garden at St. Richard's Hospital, the provision of gaming carts for children and the fitting out of the Doctor's Mess with patio equipment; and it is this service, this commitment to our patients and staff, that we will continue to deliver through the new Trust-wide charity.

In addition, we have worked with community groups, local businesses and other such stakeholders. Throughout, we have continued to fundraise with our intrepid supporters raising valuable funds through sponsored skydives, sponsored walks and quiz nights. We have also continued to benefit from legacy and in memoriam gifts for which we are most grateful and most touched.

It's been a full-on year and, as you might expect, a team effort. So, I would like to take the opportunity to place on record my thanks to the Love Your Hospital team - John, Dee and Jo – who have worked tirelessly to add value to patient and staff experience through their management of our fundraising and grant-making activities. All of these have further emphasised the important role that NHS charities like ours play in supporting our hospitals, their patients, and their local community connections with local communities.



Steve Crump OBE Director of Charities & Voluntary Services

Over the coming months, the Love Your Hospital team will be working with its BSUH Charity colleagues to build an all-new Trust-wide charity; one that will continue to support the Worthing, St Richard's, and Southlands Hospitals whilst also supporting the greater Trust-wide patient and staff experience.

The merged charity will enable the Trust to maximise fundraising potential at the same time as maintaining that all-important local focus.

To all of you that supported the work of Love Your Hospital, through donations, messages, and more, our heartfelt thanks. We look forward to your continued support of the new merged charity.

Steve Crump OBE Director of Charities & Voluntary Services

About Our Charity

Love Your Hospital is the dedicated NHS charity for St Richard's, Worthing and Southlands Hospitals, and fundraises to improve the hospital experience of every patient, visitor and staff member.

We support NHS staff to provide the very best care to patients and their families across West Sussex with the love and support of our local community:

- St Richard's Hospital in Chichester provides a full range of general acute hospital services including A&E, maternity, outpatients, day surgery, and intensive care
- Worthing Hospital provides a full range of general acute hospital services including A&E, maternity, outpatients, day surgery, and intensive care. It is also home to the West Sussex Breast Screening service
- Southlands Hospital in Shoreham-by-Sea provides outpatient, diagnostic, and day surgery services alongside a purpose-built ophthalmology centre for eye patients.

Love Your Hospital takes its fundraising seriously and values its donors and their privacy. The Charity takes care to obtain signed written agreements between the Charity and any commercial participators or professional fundraisers that we work with. The Charity also adheres to the Fundraising Code of Practice and has a robust Information Governance policy.

We are signed up with the Fundraising Regulator, which ensures that we monitor and report on the following:

- whether a professional fundraiser or commercial participator carried out any fundraising activities on behalf of the Charity
- whether the Charity or any person acting on its behalf voluntarily subscribes to recognised fundraising standards or scheme for fundraising regulation
- any failures to comply with the standards or scheme
- the number of complaints received about the charity's fundraising
- how the Charity protects the public, including vulnerable people, from unreasonable intrusion on a person's privacy, unreasonably persistent approaches or undue pressure

During the year there were no failures to comply with the Fundraising Code of Practice, and the Charity received no complaints.

Love Your Hospital handles charitable funds on behalf of the University Hospitals Sussex NHS Foundation Trust, and manages over 170 individual ward funds so the community can support an area of care that is important to them. The Charity also manages three general funds for money donated for general purposes and oversees the charitable bid application process from submission to sign-off.

Thanks to the generosity and kindness of our supporters through fundraising, donations, the Love Your Hospital Lottery and gifts in wills and in memory, we are able to support a wide variety of hospital projects.

From providing home comforts such as specially adapted gaming carts for our youngest patients to enjoy to overnight facilities enabling families to stay close by to loved ones on the wards, **Love Your Hospital** works alongside the trust and our clinical colleagues to ensure donations are well spent and that putting the patient first is at the heart of everything we do.

Trust Progress Collaboration

We are committed to ensuring your donations are invested into hospital projects that show a direct and clear benefit to the patient.

We are investing in local healthcare for future generations by supporting additional education and training for staff, and funding hospital projects that will impact positively on patient care for years to come. We build strong relationships with local community groups and businesses to ensure we can work together and continue to put patients first.



STAFF WELFARE & TRAINING



This includes additional staff training to enable staff to provide even better care

£0.23m

PATIENT WELFARE

Patient welfare represents contributions made to towards patient experience at our hospitals

£0.27m

TOTAL CHARITABLE EXPENDITURE



inc. staff and patient welfare, training and capital grants

£0.64m

CAPITAL GRANTS EXAMPLES



£19,880.47 ECG monitors £1<u>1,556.12</u>

Stroke monitors

Capital grants support productivity improvements in our hospitals.

£0.10m

Supporting patient care Glide-away beds

Giving the relatives of loved ones, the opportunity to remain close by their family members when in hospital, is extremely important and it was to this need that **Love Your Hospital** responded with funding for two Glideaway[®] beds to be

placed at the Intensive Therapy Unit (ITU) at Worthing Hospital.

> Glideaway[®] beds are designed for daily heavy duty use and conform to the strict infection control and health and safety standards set by the hospitals, whilst offering a comfortable night's sleep for people of all ages. The beds allow family members to stay alongside their loved ones whilst they are being treated, and this is particularly important for intensive care, palliative care and on children's wards as Emma Darcy, Matron for Critical Care commented: "Worthing Hospital's ITU has used their glide-away bed for two separate patients in the past few weeks and has been asked to loan it to another ward on one occasion. The beds are hugely beneficial to our patients and their loved ones in Critical Care. These beds have been really helpful for families in very difficult circumstances, patients have been able to have their loved ones staying overnight with them which is such a comfort to them if they are young or particularly anxious or having end-of-life care".

The beds are hugely beneficial to our patients and their loved ones in Critical Care. These beds have been really helpful for families in very difficult circumstances.

Emma Darcy Matron for Critical Care



Being easily transportable, staff can move the beds around the hospital to the ward or bay where they are required. They are also easy to clean and store. Love Your Hospital's investment into the Glideaway[®] beds has been well received and demonstrates the Charity's commitment to Patient First – always ensuring that patient receive better care, every time – and in this instance, with their families alongside them.



Good business

Making a real difference

The Saywell Supercar Track Day

One of the world's leading supplier of aviation parts, Saywell International has supported **Love Your Hospital** for a number of years with its Saywell Supercar Track Day.

> This annual occurrence sees Managing Director and avid collector of supercars, Peter Saywell, host a family friendly fundraiser at the Goodwood Motor Circuit. This is a particularly important relationship for **Love Your Hospital** and one that demonstrates the true value of corporate partnerships where the company itself, its leadership and employees support the Charity at every level.

To this end, the 2022 Saywell Supercar Track Day was no exception with an incredible array of supercars on display including Porsche's, Ferrari's and McLaren's. This along with a parade of vintage cars and more, made for a fun day that raised £10,000 for the creation of a pre-discharge area in the Burlington Ward at Worthing Hospital; this providing a rehabilitation space to support patients leaving hospital – but what is more, at Christmas, Peter Saywell and his team continued to demonstrate their commitment to Love Your Hospital by delivering chocolates to patients across Worthing Hospital.

We find that partnerships with business a great way for the charity to engage new supporters whilst at the same time, providing opportunities for corporates.

John Price Corporate Fundraiser



'We really value the partnership with Saywell Aviation and Peter's personal leadership. The track days are always a winner and they have gone from strength to strength' said John Price, Love Your Hospital's lead for Corporate partnerships. 'We find that partnerships with business a great way for the charity to engage new supporters whilst at the same time, providing opportunities for corporates the opportunity to demonstrate progressive corporate citizenship'.

Managing stroke Monitors for Lavant Ward Stroke is one of the leading causes of death worldwide and acute ischemic stroke accounts

Stroke is one of the leading causes of death worldwide and acute ischemic stroke accounts for the majority of all stroke cases. Thrombolysis, which involves the administration of a clot-busting medication, is a common treatment for acute ischemic stroke.

> However, patients who receive thrombolysis require close monitoring for a period of time to ensure that they are responding well to treatment and to manage any potential complications that may arise. In order to support the effective management of stroke patients, Love Your Hospital funded the procurement of three stroke monitors for use on Lavant Ward in St. Richard's Hospital, Chichester.

> These monitors enhance the ability of the care team to treat and manage their patients, by providing a continuous monitoring of the patient's vital signs, such as blood pressure, heart rate, and oxygen levels. All of which allows for a more efficient clinical response to the patient's individual needs and aids a faster recovery time.

> This was a notable investment by the Charity and one that drew reference from the Trust's Patient First framework – an approach that seeks to ensure hospital services are transformed for the better. In order to meet clinical needs, the investment was also granted quickly by the Charitable Funds Committee. This in turn, demonstrating **Love Your Hospitals** agile approach to funding work that really makes a difference to patient benefit



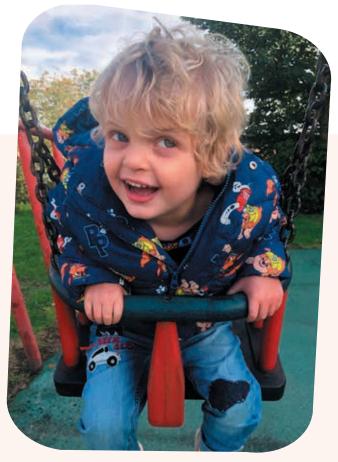
Making a difference for children with special needs

Parenting a child with special needs is never easy, but for Natalie Rambridge, it was an opportunity to really do something different. The proud mother of son Freddie, who has focal seizures and autism, Natalie has had to rely on hospital visits and treatments to help manage Freddie's condition.

> But instead of feeling defeated, Natalie decided to turn her family's experience into something positive. "I wanted to give back to the community and help other children who are going through similar challenges. That's why I started fundraising for the Bluefin Children's Ward at Worthing Hospital. Through raffles and pub quizzes, we have managed to raise an incredible £5,200! And it's all thanks to the support of our local community. It's amazing to see how much people care about making a difference in the lives of others'.

> A paediatric unit that cares for infants and children up to 16 years old, Bluefin is acknowledged as a centre for the best in paediatric and child care; one that ensures children access health care provision that is child centred and which really make a difference. The funds raised by Natalie and her family were to used buy those extra toys, games and gadgets that bring a smile to a child's face.

Natalie again; "I hope that our efforts inspire others to do the same. No matter how big or small, every contribution counts. Let's continue to come together and make a positive impact on the world around us".



We have managed to raise an incredible £5,200! And it's all thanks to the support of our local community. It's amazing to see how much people care about making a difference in the lives of others.

Natalie Rambridge Mother of Freddie

Heart shaped cushions for breast cancer patients

In looking to outreach into the community within which it works, **Love Your Hospital** has worked with local volunteers to make heart shaped cushions which are provided to patients who have undergone breast surgery.



Whilst the investment is small, the difference to those recovering from what can be a challenging experience has been enormous. The project is even more compelling given that a number of the volunteers have experienced breast surgery themselves.

Designed to be placed under or around the breast to relieve discomfort after surgery, these mastectomy pillows protect the wound site by reducing pressure on the chest. Used as a recover aid, these cushions are sometimes referred to as 'comfort pillows'. These are especially useful for patients when in hospital, at home, riding in the car, and in bed at night as Charity team member, Jo Darda, explains: 'This is a programme we were very pleased to support and we are hugely grateful to the volunteers who give of their time and expertise to craft these handmade heart-shaped cushions. To everyone involved, to be part of something so special, is so rewarding. The thought that the cushion has been made with love helps to realise you are not alone'.



To everyone involved, to be part of something so special, is so rewarding. The thought that the cushion has been made with love helps to realise you are not alone.

Jo Darda Charity Team member

ETI making a difference

Worthing based Electronic Temperature Instruments Ltd (ETI Ltd) has long supported **Love Your Hospital**. An award winning manufacturer of digital thermometers, the business has donated more than £8,000 worth of digital thermometers to the Charity.

> This has enabled Love Your Hospital to distribute these devices to clinical teams who have used them to support and advance patient care, including those receiving treatment for cancer. Here, the thermometers have been used by patients receiving chemotherapy to measure spikes in their body temperature during their treatment programme. Suffice to say, these thermometers have been much appreciated as Macmillan Information and Support Worker, Marion Misselbrook commented: "I just wanted to say a huge thank you to ETI for providing the non-contact forehead thermometers, as you are aware chemotherapy patients have to take

I just wanted to say a huge thank you to ETI for providing the noncontact forehead thermometers, many unfortunately cannot afford a good quality thermometer and this will make a huge difference to our patients.

Marion Misselbrook Macmillan Information and Support Worker



Pictured with Jess Miree of Rocking R, left ETI IT Assistant Glen Greeney and, right, ETI Area Sales Manager, David Northmore.

their temperature if feeling unwell or suffering side effects of the treatment. Many unfortunately cannot afford a good quality thermometer and this will make a huge difference to our patients."

But what is more, staff at ETI fundraised to buy a gaming cart and playstation for children receiving care at the Bluefin Children's Ward in Worthing. The £2,200 they raised saw Love Your Hospital work with its partner the Rocking R Gaming Charity to provide a state of the art gaming cart which, housed in an infection controlled/safe case, will give children hours of gaming fun as they wait to receive care on the ward.

'We were truly delighted that ETI were able to raise these valuable funds and to allow us to procure a gaming cart' said John Price, Love Your Hospital's lead for corporate partnerships. 'Working with our friends Rocking R we were able to equip the Bluefin ward with a gaming cart that helps reduce the impact of hospitalisation on young patients and their families. The cart offers a welcome distraction to life on the ward and children really respond well.

ECG monitors Supporting cardiac patients

Love Your Hospital was delighted to fund two ElectroCardioGram (ECG) machines for use by the Cardiac Team at Worthing Hospital.

> These cutting edge machines are a key tool for diagnosing and monitoring cardiac conditions, allowing the clinical teams to assess heart function and identify potential issues. The Cardiac Team at Worthing Hospital required upgraded models that so that they could continue to deliver the best in patient care as Director of Charities and Voluntary Services, Steve Crump, comments: 'It is important our cardiac teams have the best tools at their disposal. These machines can be used alongside other tests to provide a comprehensive assessment of heart function, allowing the team to identify potential issues and develop an appropriate treatment plan'.

With the new machines in place, the Cardiac Team were able to investigate symptoms of a possible heart problem quickly and efficiently. Furthermore, because the machines are light, they can be quickly deployed to where needed. Steve again: 'this valued piece of equipment will be used to help our Cardiac Teams to provide a more efficient service and to gain better insight into the condition of a patient's heart'.



Funds Granted

£19,880.47

Pictured left to right, Morwenna Marshall, Cat Wembridge, Pamela Lavadia

This valued piece of equipment will be used to help our Cardiac Teams to provide a more efficient service and to gain better insight into the condition of a patient's heart.

Steve Crump Director of Charities and Voluntary Services

Dandara's corporate support for Worthing Hospital

In looking to demonstrate its commitment to the community adjacent to its new Fontwell Meadows development, housebuilder Dandara donated £500 to **Love Your Hospital** in favour of Worthing Hospital.

> Nicki Dennis, Head of Sales at Dandara Southern, noted that: "Supporting the communities in which we build is of the utmost importance to us, which is why we wanted to donate to **Love Your Hospital**. The staff at Worthing Hospital do such a brilliant job at taking care of the community, so we hope this donation enables them to continue providing excellent care."

For Love Your Hospital, this marks the beginning of what it hopes will be a long-term partnership with Dandara as the charity looks to develop its corporate fundraising programme; partnering with companies and employees to make a difference to patient benefit and staff wellbeing locally. Such partnerships are vital to the work of Love Your Hospital and also add value to the participating corporate.



Working with Love Your Hospital has enabled a number of corporates to enhance their corporate character, develop their brand and motivate their employees whilst offering goods, resources and skills that are relevant to the charity.

Well planned corporate partnerships can help expand reach and access funding, a skilled volunteer base and more. In exchange, the businesses can receive a positive PR boost and grow customer and employee engagement.

> Supporting the communities in which we build is of the utmost importance to us, which is why we wanted to donate to Love Your Hospital.

Nicki Dennis Head of Sales at Dandara Southern 14 LOVE YOUR HOSPITAL ANNUAL REPORT & ACCOUNTS 2022-2023

Board Directors of our Corporate Trustee

Our Board of Directors at University Hospitals Sussex NHS Foundation Trust ensure the Charity is supporting the objectives of the Trust and that we operate alongside the Trust, complementing its core work. All new Trustees receive an introduction to the Charity explaining their role in its operation. Those directly involved with the Charitable Funds Committee may receive additional specific training if required.

Non-Executive Directors



Alan McCarthy MBE DL Trust Chairman Chair of the Executive Appointments and **Remuneration Committee** (1.10.2018 - 21.3.2024)



Patrick Boyle Deputy Chairman, Chair of People Committee (20.1.2018 - 30.6.2023)



Bindesh Shah Non-Executive Director Chair of Systems & Partnership Committee (1.7.2022 - 30.6.2025)



David Curley Non-Executive Director & Chair of the Audit Committee (1.7.2022 - 30.6.2025)



Professor Malcolm Reed Non-Executive Director (1.3.2023 - 28.2.2026)



Professor Paul Layzell CBE Sadie Mason MBE Non-Executive Director (1.9.2022 - 31.7.2025)



Associate Non-**Executive Director** (1.7.2022 - 30.6.2025)



Lizzie Peers Chair of the Sustainability Committee & Chair of Charitable Funds Committee (Term of Office to 11.5.2024)



Jackie Cassell Non-Executive Director Chair of the Patient Committee until 31.3.2023. (Term of Office until 30.6.2023)



Jon Furmston (Left 30.6.2022)



Joanna Crane (Left 30.6.2022)



Lillian Philip Associate Non-Executive Director (Leaves 29.4.2023)



Claire Keatinge Non-Executive Director (From 1.7.2021) Chair of Patient Committee (From 1.4.2023)



Lucy Bloem Chair of Quality Committee Non-Executive Director (Term of Office 1.7.2021 to 30.6.2024)

Executive Directors



Dr George Findlay Chief Executive (Returned from secondment on 1.6.2022)



Dr Andy Heeps Deputy Chief Executive & Chief Operating Officer (Interim Chief Executive from 1.4.2022 to 31.5.2022)



Dr Charlotte Hopkins Chief Medical Officer (Left 31.7.2022)



Dr Rob Haigh Interim Chief Medical Officer (From 1.8.2202 to 31.3.2023)



Ellis Pullinger Interim Chief Operating Officer (Left 30.6.2022)



Karen Geoghegan Chief Financial Officer



Dr Maggie Davies Chief Nurse



Leanne Mclean Interim Chief Nurse (Joined 20.3.2023)



David Grantham Chief People Officer



Darren Grayson Chief Governance Officer



Structure, Governance and Management

Love Your Hospital (LYH) was formed and registered in 2009 when Royal West Sussex NHS Trust merged with Worthing and Southlands Hospitals NHS Trust.

The Board of University Hospitals Sussex NHS Foundation Trust is the Corporate Trustee for LYH, while the Charitable Funds Committee is responsible for overseeing the day-to-day management of LYH funds.

Members of the Charitable Funds Committee are appointed by the Board and in 2022-2023 consisted of two Non-Executive and two Executive directors of UHSussex.

The governing documents of LYH are the St Richard's Hospital Governing Document, dated 29 August 1995, the Worthing and Southlands Hospitals Governing Document, dated 19 May 1995 and the new Declaration of Trust, published when the previous charities merged and amended by supplemental deed on 28 August 2009.

Corporate Trustee

From 1 April 2017, the Western Sussex Hospitals NHS Foundation Trust took on responsibility for the operation of Brighton and Sussex University Hospitals NHS Trust (BSUH) under a three year management contract. On 1 April 2021, the corporate trustee, Western Sussex Hospitals NHS Foundation Trust (WSHFT) acquired the assets, liabilities and operations of Brighton and Sussex University Hospitals NHS Trust, forming University Hospitals Sussex NHS Foundation Trust through merger by acquisition under section 56A of the NHS Act 2006.

With effect from 1 April 2021, the Board of Directors of University Hospitals Sussex NHS Foundation Trust act as the corporate trustee of both Western Sussex Hospitals Charity operating as **Love Your Hospital** (Registered Charity No. 1049201) and Brighton and Sussex University Hospitals NHS Trust Charitable Fund (Registered Charity No. 1050864). The Board of Directors of University Hospitals Sussex NHS Foundation Trust act as the corporate trustee of the charity, the ultimate controlling party.

Accounting

The accounting records and day-to-day administration of the funds are dealt with at the Charitable Trust office and Finance offices located at St Richard's Hospital and at Brighton General Hospital.

The Charity's Annual Report and Financial Accounts for the year ended 31 March 2023 have been prepared by the Corporate Trustee in accordance with Part 8 of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. The Charity's report and accounts include all the separately established funds for which UHSussex is the sole beneficiary.

Pages 14 and 15 show the members of University Hospitals Sussex NHS Foundation Trust Board for all or part of 1 April 2022 until 31 March 2023 (i.e. the accounting period).

In the absence of the chair, the Committee is chaired by the Chairman of the University Hospitals Sussex NHS Foundation Trust.

Meetings

The Committee meets at least quarterly, and minutes are presented to the Trust Board.

Structure, Governance and Management continued

Function of the Charitable Funds Committee

The Charitable Funds Committee has oversight of the financial and functional activities of LYH, but delegates the day-to-day running of the Charity to the Director of Charities & Voluntary Services.

The Committee's responsibilities include:

- appointing and supervising managers of the Charity funds
- determining, reviewing and monitoring the Reserves and Investment policies
- undertaking an annual assessment of risks facing the Charity
- determining the level of expenditure which the Director of Charities & Voluntary Services can authorise and the level which the Charitable Funds Committee can authorise. Sums above these levels are to be authorised by the Corporate Trustee (The Trust Board)
- ensuring expenditure complies with any terms, conditions or restrictions applicable to the fund of the Charitable Trust from which it is drawn
- monitoring the management of the funds of the Charity to ensure the proper use of the funds, and administrative efficiency
- reviewing the accounts of all charity funds
- ensuring that the accounts of the Charity are examined annually and prepared in compliance with the requirements of the Charity Commission
- ensuring that the accounts and the annual return are submitted to the Charity Commission within the timescales laid down by the Commission
- overseeing the responsible management of the Charity's budget.

Grant Making Policy

Grants are made from the Charity's funds for wards and departments. These funds are overseen by Fund Managers who make recommendations on how to spend the money within their area within the terms of the donation and the Fund. Fund Managers' recommendations are subject to approval by Capital Investment Group and the Medical Equipment Committee where appropriate for equipment grants and in addition to full business case scrutiny for larger sums.

Reserves Policy

Under SORP 2019, charitable reserves are identified as income which becomes available to the Charity and is to be spent at the Trustee's discretion in furtherance of any of the Charity's objectives but which is not yet spent, committed or designated.

The definition of 'reserves' should exclude:

- Endowment funds
- Restricted funds
- Designated funds.

The majority of our income is classified as designated funds, for the benefit of specific wards and departments.

Each ward and department is expected to have an expenditure plan, which is updated regularly. The funds are closely and regularly monitored, ensuring they are spent within a reasonable period of time. In line with the Charity Commission's guidance, a separate Reserves Policy is not required for designated funds. The policy of the Trustee is to spend these monies in accordance with the plans of expenditure as quickly as possible, unless there is a need to save monies for a major purchase. For unrestricted funds, the policy of the Charity is to hold a minimum equivalent to six months operational costs for the Charity.

Unrestricted and undesignated funds allow much more flexibility, and these funds enable LYH to support the Trust's strategic aims. Where possible, we encourage generic giving. The Trustee reviews the balance of funds on a regular basis.

Fund Balances as at 31 March 2023:

- Restricted Funds £164,000
- Designated Funds £1,979,000
- Free Unrestricted Funds £850,000
- Total Funds £2,993,000

The Charity Reserve Policy is to hold minimum reserves equivalent to six months operational costs. The final operational reserve balance was £850,000 as at 31 March 2023 giving a surplus of £550,000 above minimum reserves which provides a buffer in the event of a future drop in income.

Structure, Governance and Management continued

Funds and Risk Management

Ward and Department Designated Funds

Ward and Department Funds have authorised signatories in place and each Fund has a nominated Fund Holder, and two other signatories, all of whom hold a contract of employment with University Hospitals Sussex NHS Foundation Trust or an honorary contract.

Funds

The Charitable Funds Committee has delegated authority for the requisition and authorisation of expenditure. All applications for funding must meet public benefit, be entirely charitable and must meet the Charity's objectives. Bids of up to £4,999 may be authorised by the Fund Holder but are then ratified by, the Director of Charity. The following level of sign off are agreed:

- Up to £4,999 Authorised by Fund Holder
- Between £5,000 and £9,999 Authorised by Director of Finance
- £10,000 and £49,999 must be approved by the Committee
- Above £50,000 approval is required from the Board.

Risk Management

Love Your Hospital like all charities has a responsibility to ensure it is aware of, and mitigates against any significant risks. As such LYH has developed a comprehensive risk register.

The LYH risk register is divided into key areas covering Operational, Financial and Governance risk. This risk register identifies all possible risks to the charity, the potential impact if those risks are realised and the steps we have put in place to reduce those risks. With risk comes opportunity and we are incredibly grateful to our community for demonstrating to us how much they really do love their hospital.

Investments

The Charity manages its investments risks by retaining expert advisors and operating an investment policy that provides for a high degree of diversification of holdings within investment asset classes. All investments were made in companies listed on a UK stock exchange or incorporated in the UK and therefore all investments are treated as investment assets in the UK. Restricted appeals to fund specific equipment or assets are held on notice deposit or overnight on the money markets in accordance with the Trustees' Investment Policy.

The Charity does not make use of derivatives and similar complex financial instruments as it takes the view that investments are held for their longer term yield total return. Typically investments are held for a minimum of five years in accordance with the Trustees' Investment Policy in order to mitigate short-term impacts of market movements.

Whilst the Charity absolutely aims to spend accumulated funds as quickly as possible in line with the priority of the Trust, where plans take longer to mature we always invest funds wisely.

Statement of Trustee's Responsibility

The Trustee is responsible for preparing the Trustee's Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales/Northern Ireland requires the trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the Charity for that period. In preparing these financial statements, the trustee is required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP 2019 (FRS 102).
- make judgements and estimates that are reasonable and prudent.
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Confirmation to auditors

The Trustee confirms that they have taken steps that they ought to have taken to make them self aware of any information needed by the Charity's auditor for the purposes of their audit and to establish that the auditor is aware of that information. The Trustee is not aware of any other information of which the auditor should be aware.

Approved by the Trustee and signed on their behalf by:

Signed

Name Lizzie Peers

Role Chair of the Charitable Funds Committee

Dated 28 June 2023



Independent Auditor's Report

to the Trustee of Western Sussex Hospital Charity

Opinion

We have audited the financial statements of Western Sussex Hospitals Charity and Related Charities ("the charity") for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2023, and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustee with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the Trustee's Annual Report, other than the financial statements and our auditor's report thereon. The Trustee is responsible for the other information contained within the Annual Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2011 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the Trustee's report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Independent Auditor's Report continued

Responsibilities of Trustee

As explained more fully in the Trustee's responsibilities statement, the Trustee is responsible for the preparation of the financial statements which give a true and fair view, and for such internal control as the Trustee determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustee is responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustee either intends to liquidate the Charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Capability of the audit in detecting irregularities, including fraud

Based on our understanding of the Charity and industry, and through discussion with the Trustee and other management (as required by auditing standards), we identified that the principal risks of non-compliance with laws and regulations related to health and safety and anti-bribery. We considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Charities Act 2011 and Charities Statement of Recommended Practice (FRS 102) 2019. We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to posting inappropriate journal entries to increase revenue or reduce expenditure and management bias in accounting estimates and judgemental areas of the financial statements. Audit procedures performed by the engagement team included:

- Discussions with management and assessment of known or suspected instances of non-compliance with laws and regulations and fraud; and
- Identifying and assessing the design effectiveness of controls that management has in place to prevent and detect fraud; and
- Challenging assumptions and judgements made by management in its significant accounting estimates; and
- Confirmation of related parties with management, and review of transactions throughout the period to identify any previously undisclosed transactions with related parties outside the normal course of business; and
- Reading minutes of meetings of those charged with governance; and
- Review of significant and unusual transactions and evaluation of the underlying financial rationale supporting the transactions

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Report of the Independent Auditors continued

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or noncompliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Charity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Trustee.
- Conclude on the appropriateness of the Trustee's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation (i.e. gives a true and fair view).

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Use of our report

This report is made solely to the charity's Trustee, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the Charity's Trustee those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustee as a body, for our audit work, for this report, or for the opinions we have formed.

Frestor Recen Und

Kreston Reeves LLP Chartered Accountants Statutory Auditor Chichester

Date 28 June 2023

Kreston Reeves LLP is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006.

Statement of Financial Activities

For the year ended 31 March 2023

	Notes	Unrestricted Funds £'000	Restricted Funds £'000	Total Funds 2023 £'000	Total Funds 2022 £'000
Income from:					
Donations, legacies and other income	2	417	2	419	1,366
Investment income	3	51	-	51	39
Total Income		468	2	470	1,405
Expenditure on:					
Raising funds	4	(75)	-	(75)	(63)
Charitable activities:					
Patient welfare	5	(259)	(8)	(267)	(72)
Staff education and welfare	5	(196)	(30)	(226)	(465)
Misc	5	(38)	(12)	(50)	_
Capital Grants	10	(100)	-	(100)	(188)
Total charitable activities		(593)	(50)	(643)	(725)
Total expenditure		(669)	(50)	(719)	(788)
Net gains/(losses) on investments	11	(167)	-	(167)	(42)
Net income/(expenditure)		(368)	(48)	(416)	575
Reconciliation of funds					
Net income/(expenditure)		(368)	(48)	(416)	575
Transfer between funds		_	-	-	_
Net movement in funds		(368)	(48)	(416)	575
Total funds brought forward		3,197	212	3,409	2,834
Total funds carried forward		2,829	164	2,993	3,409

Statement of Financial Position

For the year ended 31 March 2023

	Notes	Unrestricted Funds £'000	Restricted Funds £'000	Total Funds 2023 £'000	Total Funds 2022 £'000
Fixed Assets					
Investments	11	1,394	-	1,394	1,561
Total Fixed Assets		1,394	_	1,394	1,561
Current Assets					
Debtors	12	204	-	204	1,070
Cash at bank and in hand	13	1,487	164	1,651	1,037
Total Current Assets		1,691	164	1,855	2,107
Current Liabilities					
Amounts falling due within one year	14	(256)	-	(256)	(259)
Total Current Liabilities		(256)	_	(256)	(259)
Net Current Assets/(Liabilities)		1,435	164	1,599	1,848
Net Assets		2,829	164	2,993	3,409
The funds of the charity:					
Restricted funds	15	_	164	164	212
Unrestricted Funds	15	2,829	-	2,829	3,197
Total Charity funds		2,829	164	2,993	3,409

The notes at pages 26 to 34 form part of these accounts.

The financial statements were approved by the Trustee and authorised for issue on and signed on their behalf by:

Signed

Poen

Name Trustee Lizzie Peers

Statement of Cash Flows

for the year ending 31 March 2023

	Notes	Total 2023 £'000	Total 2022 £'000
Reconciliation of net income/(expenditure) to net cash flow from operating activities			
Net income/(expenditure) as per the Statement of Financial Activities		(416)	575
Add back: (Gains)/Losses on investments	11	167	42
Add back: Investment income		(51)	(39)
(Increase)/Decrease in Debtors		866	(816)
(Decrease)/Increase in Creditors		(3)	101
Net cash provided by (used in) operating activities		563	(137)
Cash Flows from Investing Activities			
Investment income from investments		51	39
Net Cash provided by Investing Activities		51	39
Change in cash and cash equivalents in the reporting period		614	(98)
Cash and Cash Equivalents at Beginning of the Period		1,037	1,135
Cash and Cash Equivalents at year end	13	1,651	1,037

Notes to the Financial Statements

For the year ended 31 March 2023

1. Accounting Policies

a) Basis of preparation

The financial statements have been prepared on a going concern basis under the historic cost convention, with the exception of investments which are included at fair value, and on an accruals basis. There are no material uncertainties affecting the current year's accounts.

As we move forward, we are about to enter a period of change as the LYH charity readies for its merger with BSUH Charity, the dedicated charity for four hospitals across Brighton and Haywards Heath: The Royal Sussex County, Princess Royal, Sussex Eye and Royal Alexandra Children's hospitals. This merger has come about as a result of the wider Trust amalgamation and has been approved by the Corporate Trustees of the both Trust charities. To this end, the LYH team will be working with its BSUH Charity colleagues to build an all-new Trust wide charity; one that will continue to support the Worthing, St Richard's and Southlands Hospitals whilst also supporting the greater Trust-wide enhancements to patient and staff experience.

The financial statements are prepared in sterling which is the functional currency of the charity and rounded to the nearest £'000. The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the FRS 102, the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2016. The charity constitutes a Public Benefit Entity under FRS 102.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been applied consistently to all years unless otherwise stated.

b) Funds structure

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor. Where the restriction requires the gift to be invested to produce income but the Corporate Trustee has the power to spend capital, it is classified as an expendable endowment.

Unrestricted funds comprise those funds which the Corporate Trustee is free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds which relate to specific wards or departments and where the Corporate Trustee, at their discretion, have created a fund for a specific purpose. These are kept separate to ensure that monies collected for each department are used for that department. Where the donor has made known their nonbinding wishes, the donation is placed in these funds.

c) Income

All income is recognised once the charity has entitlement to the resources, it is probable that the income will be received and the monetary value of income can be measured with sufficient reliability.

d) Income from legacies

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable and the amount can be measured with sufficient reliability. A legacy receipt is considered to be probable once there has been a grant of probate, confirmation has been received from the representatives of the estate(s) that there are sufficient assets to enable the legacy to be paid and once all conditions attached to the legacy have been fulfilled.

Material legacies which have been notified but not recognised as income in the Statement of Financial Activities are disclosed in a separate note to the accounts with an estimate of the amount receivable.

e) Expenditure

Expenditure is recognised when a liability is incurred and the liability is deemed to be of a charitable nature. Grant commitments are recognised when a constructive obligation arises that results in payment being unavoidable.

Grants are only made to related or third party NHS bodies and non NHS bodies in furtherance of the charitable objects of the funds. A liability for such grants is recognised when approval has been given by the Trustee or by the panel of signatories who has delegated authority from the Trustee to approve expenditure up to £10,000.

Contractual arrangements are recognised as goods or services supplied.

f) Irrecoverable VAT

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

For the year ended 31 March 2023

g) Allocation of overheads and support

Overhead and support costs have been allocated as a direct cost or apportioned on an appropriate basis (refer to note 5) between Charitable Activities and Raising Funds. Once allocation and/or apportionment of overhead and support costs has been made between Charitable Activities and Raising Funds, the cost attributable to Charitable Activities is apportioned across those activities in proportion to total spend.

h) Expenditure on raising funds

The costs of raising funds includes the cost of generating donations, legacies, fundraising and lottery income and the cost of investment management.

i) Expenditure on Charitable activities

Costs of charitable activities comprise all the costs incurred in the pursuit of the charitable objects of the charity. These costs comprise direct costs and an apportionment of overhead and support costs as shown at note 5.

j) Governance costs

Governance costs comprise all costs incurred in the governance of the charity. These costs include costs related to statutory audit.

k) Fixed assets

The Charity holds no property, equipment or heritage assets.

Quoted stocks and shares are initially recognised at fair value which is normally the transaction price excluding transaction costs. Subsequently they are measured at fair value at the balance sheet date. The Statement of Financial Activities includes net gains and losses arising on revaluation and disposals throughout the year.

I) Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening market value (purchase date if later). Due to high market volatility, the gains or losses are assigned to a general fund for each site and are not apportioned to individual funds.

m) Unrealised gains and losses

Unrealised gains and losses are calculated as the difference between the market value at the year end and the opening market value (or date of purchase if later). Due to high market volatility, the gains or losses are assigned to a general fund for each site and are not apportioned to individual funds.

n) Pensions

The Trustees do not employ any staff directly however there are pension costs associated with the recharge of Salaries from UH Sussex.

o) Pooling scheme

An official pooling scheme is operated for investments relating to the funds managed by UH Sussex. The scheme was reregistered with the Charity Commission on 29 March 2004.

p) Apportionment of interest and dividends

Interest and dividends are held in a specific fund for each site.

q) Debtors and creditors receivable

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

r) Judgements and key sources of estimation uncertainty

In applying the above accounting policies, the Trustee is required to make judgements and estimates. The key judgements applied in these financial statements are in determining the allocation of funds as restricted or designated. The key sources of estimation uncertainty relate to the recognition of income from legacies where the actual amount received may differ from that initially recognised.

For the year ended 31 March 2023

2. Donations, legacies and other income

	Unrestricted Funds £'000	Restricted Funds £'000	Total Funds 2023 £'000	Total Funds 2022 £'000
Donations from individuals	124	2	126	282
Corporate donations	2	_	2	10
Total Donations	126	2	128	292
Legacies	238	_	238	942
Lottery income	31	_	31	30
Income from Fund raising events	22	_	22	102
Total donations, legacies and other income	417	2	419	1,366

There were 13 material legacies for £2,000 and over received during the year.

3. Investment income

	Unrestricted Funds £'000	Restricted Funds £'000	Total Funds 2023 £'000	Total Funds 2022 £'000
Fixed asset equity and similar investments	51	-	51	39
Total investment income	51	-	51	39

4. Analysis of expenditure on raising funds

	Unrestricted Funds £'000	Restricted Funds £'000	Total Funds 2023 £'000	Total Funds 2022 £'000
Lottery payouts	(12)	_	(12)	(14)
Service charges	(1)	_	(1)	(1)
Fund raising events	(34)	_	(34)	(11)
Support costs	(28)	_	(28)	(37)
Total	(75)	_	(75)	(63)

For the year ended 31 March 2023

5. Charitable activities and support costs

Analysis of charitable expenditure

The Charity did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of grant funding in both the current and prior year. Of the grants made, £35k was from restricted funds. Grants were approved in favour of UH Sussex for the benefit of patients and staff.

Charitable Activities

	Notes	Grant funded activity £'000	Support costs £'000	2023 Total £'000	2022 Total £'000
Patient welfare		(153)	(114)	(267)	(72)
Staff education and welfare		(129)	(97)	(226)	(465)
Misc		(29)	(21)	(50)	_
Capital Grants	10	(57)	(43)	(100)	(188)
Totals		(368)	(275)	(643)	(725)

Allocation of support costs and overheads

Support and overhead costs are allocated between raising funds and charitable activities. Governance costs are those support costs which are related to the strategic management of a charity.

The basis of allocation used are as follows:

	Raising Funds £'000	Charitable Activities £'000	2022 Total £'000	2022 Total £'000	
External audit	_	10	10	10	Direct Allocation
Investment costs	_	10	10	10	Direct Allocation
Governance	_	20	20	20	
Finance administration	-	49	49	49	Direct Allocation
Charity office	27	201	228	184	Time (%)
Miscellaneous	1	5	6	8	Time (%)
Total	28	275	303	261	

Notes to the Financial Statements *continued* For the year ended 31 March 2023

6. Analysis of staff costs and remuneration of key management personnel

The charity does not employ staff so there are no employee benefits or remuneration costs. The Charity team and the Finance staff are employees of UH Sussex, and their costs are recharged to the charity and are included within the Support costs in Note 5. Employment costs such as Employers National Insurance or Pensions, are included in the recharged amount and the charity will not have liabilities of this nature. The amount recharged for the Charity team pay costs amounted to £181k in 2023 (£184k in 2022).

The average head count during the year was 4 (9 in 2022) and the average number of full time equivalent employees during the year was 3.31 (4.83 in 2022). The employees were involved in providing support services to charitable activities.

No employees received employee benefits of more than £60,000 in the current or preceding year.

The charity considers the members of the Board of Directors of UH Sussex (the corporate trustee) to be its key management personnel. Their services are provided at no cost to the charity.

7. Auditor's remuneration

The Auditor's remuneration for the current year audit is at $\pounds 8,250$ net of VAT ($\pounds 8,250$ net of VAT in 2022). The amount included within the Governance costs is the gross value of $\pounds 9,900$.

8. Role of volunteers

Volunteers add significant benefit to the charity, without them we would not be able to deliver the breadth of support for the trust that we do. Like all charities, the charity is reliant on a team of volunteers to assist in the running of the charity. Our volunteers perform the following roles:

- Fundholders staff who manage how the charity's designated funds should be spent. These funds are earmarked by the trustees to be spent for a particular purpose or in a particular ward or department. Each fund advisor has delegated powers to spend the designated funds that they manage in accordance with the trustee's wishes.
- Fundraisers there are a number of local individuals who actively fundraise for the charity by holding events such as coffee mornings, sponsored walk/runs, collection tins, fundraising BBQ's, etc. Albeit during the COVID-19 pandemic many of these events were postponed or scaled back to meet government guidelines in place at the time.

9. Trustee's remuneration, benefits and expenses

The Board of Directors of UH Sussex act as the corporate trustee of the charity. As stated in Note 6 their services are provided at no cost to the charity.

10. Capital Grants

All grants are made to UH Sussex to provide for the care of NHS patients and for the education and welfare of its staff. The Corporate Trustee operates a scheme of delegation, through which a grant funded activity is managed by fundholders responsible for the day to day administration of their funds. The Charity does not make grants to individuals. The Capital grants received by the beneficiary were as follows:

	2023 Total £'000
Rehabilitation equipment	11
Neonatal resuscitaire	9
Thera trainer equipment	17
ECG Machines	20
Total Capital Grants	57

For the year ended 31 March 2023

11. Fixed Asset Investments

Movement in fixed asset investment	Unrestricted Funds £'000	Restricted Funds £'000	Total Funds 2023 £'000	Total Funds 2022 £'000
Market value brought forward	1,561	_	1,561	1,603
Net Gains/(Losses) on investments	(167)	_	(167)	(42)
Market value as at 31 March	1,394	_	1,394	1,561
Fixed asset investment by type			Total 2023	Total 2022
Fixed Interest Funds			884	996
Equities			407	228
Unit/Investment Trust			_	226
Cash held for reinvestment			103	111
Total			1,394	1,561

All investments are carried at their fair value.

12. Analysis of current debtors

	2023 Total £'000	2022 Total £'000
Debtors – Owed by UH Sussex	-	150
Prepayments	1	-
Accrued income	203	920
Total debtors under 1 year	204	1,070

There are no debtors owing that are more than 1 year.

13. Analysis of cash and cash equivalents

	2023 Total £'000	2022 Total £'000
Cash held on deposit	780	609
Cash held at bank	870	428
Total cash and cash equivalents	1,650	1,037

The cash held on deposit are sums held on interest bearing deposits with Charities Aid Foundation (CAF) bank.

14. Analysis of liabilities

	2023 Total £'000	2022 Total £'000
Creditors – for grants owed to UH Sussex	(239)	(245)
Accruals	(17)	(8)
Deferred income – lottery subscriptions	-	(6)
Total creditors under 1 year	(256)	(259)

There are no creditors falling due after more than 1 year.

Notes to the Financial Statements *continued* For the year ended 31 March 2023

15. Analysis of charitable funds

	Balance at 1 April 2022 £'000	Income £'000	Expenditure £'000	Transfers £'000	(Gains) and losses £'000	Balance at 31 March 2023 £'000	
Material funds							
Restricted funds							
Fernhurst Appeal	(43)	(2)	7	_	_	(38)	
NHS Charities Together	(169)	_	43	_	_	(126)	
Total Restricted Funds	(212)	(2)	50	_	_	(164)	
Unrestricted funds							
Designated funds							
Cancer Funds	(219)	(28)	6	_	_	(241)	
Cardiac Funds	(278)	(22)	16	_	_	(284)	
Diabetic Funds	(173)	(30)	6	_	_	(197)	
Lottery Fund	(233)	(31)	13	242	_	(9)	
Others	(991)	(149)	158	_	_	(982)	
Total Designated Funds	(1,894)	(260)	199	242	-	(1,713)	
General Fund	(1,303)	(208)	470	(242)	167	(1,116)	
Total Unrestricted Funds	(3,197)	(468)	669	_	167	(2,829)	
Grand Total	(3,409)	(470)	719	_	167	(2,993)	
Details of Material funds							
Fund type	Name	Description of the nature and purpose of each fund					
Restricted funds	Fernhurst Appeal	To provide and maintain a Cancer Day Unit at the Trust					
	NHS Charities Together	Funding received from the national charity caring for the NHS					
Designated funds	Cancer Funds	For the provision of cancer services					
	Cardiac Funds	For the benefit of Cardiac patients and staff					
	Diabetic Funds	For the provision of diabetic services					
	Lottery Fund	For lottery income, prizes and for general benefit of patients and staff. Lottery ceased trading 31 March 2023 so transfer made to General Fund Residual value will be kept to meet unclaimed prizes.					
	General Fund	For the general benefit of patients and staff in the hospitals					

For the year ended 31 March 2023

16. Commitments, liabilities and provisions

The Trustee recognises liabilities in the accounts once they have incurred a legal or constructive obligation to expend the funds. No provision has been included in this set of accounts as no such circumstances existed at the year end.

17. Contingencies

There were no contingent gains, losses, assets or liabilities.

18. Controlling party

The Board of Directors of University Hospitals Sussex NHS Foundation Trust (formerly WSHFT) act as the corporate trustee of the charity, the ultimate controlling party.

With effect from 1 April 2021 the Board of Directors of University Hospitals Sussex NHS Foundation Trust (UH Sussex) act as the corporate trustee of both Western Sussex Hospitals Charity (registered charity no. 1049201) and Brighton and Sussex University Hospitals NHS Trust Charitable Fund (registered charity no. 1050864).

19. Related Party Transactions

The Board of Directors of UH Sussex acts as the corporate trustee for the charity.

None of the members of UH Sussex's Board of Directors or parties related to them has undertaken any transactions with the charity or received any benefit from the charity in payment or in kind. These directors received no honoraria or emoluments in the year. No expenses have been paid by the charity to these directors.

UH Sussex makes a number of clerical and transaction services available to the charity, by agreement with the trustee. These include fundraising, administrative and finance support services at a cost of £293k in 2023 (£251k in 2022). These costs are included within support costs – see Note 5.

University Hospitals Sussex NHS Foundation Trust is the main creditor of the charity - see Note 14.

20. Post Balance Sheet Events

Merger

On 1 April 2023, University Hospitals Sussex NHS Foundation Trust, the Corporate Trustee of Western Sussex Hospitals Charity (T/A LYH), approved the transfer of LYH's assets and liabilities to BSUH Charity (registration number 1050864). BSUH Charity has the same Corporate Trustee and the merger of LYH and BSUH Charity will mean that the newly merged charity will support the wider Trust and its seven hospitals which are spread across East and West Sussex: The Royal Sussex County Hospital (Brighton), Princess Royal Hospital (Haywards Heath), Sussex Eye Hospital (Brighton), Royal Alexandra Children's Hospital (Brighton), Worthing Hospital, St Richard's Hospital (Chichester) and Southlands Hospital (Shoreham-by-Sea) Hospitals. The newly formed Charity also changed its name on 1 April 2023, to be My University Hospitals Sussex.

For the year ended 31 March 2023

21. Comparatives for the statement of financial activities (31 March 2022)

	Notes	Unrestricted Funds £'000	Restricted Funds £'000	Total Funds 2022 £'000
Income from:				
Donations, legacies and other income	2	1,323	43	1,366
Investment income	3	39		39
Total Income		1,362	43	1,405
Expenditure on:				
Raising funds	4	(63)	_	(63)
Charitable activities:				
Patient welfare	5	(71)	(1)	(72)
Staff education and welfare	5	(379)	(86)	(465)
Misc	5	_	_	-
Capital Grants	10	(188)	_	(188)
Total charitable activities		(638)	(87)	(725)
Total expenditure		(701)	(87)	(788)
Net gains/(losses) on investments	11	(42)	_	(42)
Net income/(expenditure)		619	(44)	575
Reconciliation of funds				
Net income/(expenditure)		619	(44)	575
Transfer between funds		_	_	_
Net movement in funds		619	(44)	575
Total funds brought forward		2,578	256	2,834
Total funds carried forward		3,197	212	3,409

Administration details and professional advisors

Charity name:

Western Sussex Hospitals NHS Foundation Trust Charity operating as Love Your Hospital

Registration Number:

1049201

Registered Office:

Love Your Hospital Charity Management Office: University Hospitals Sussex NHS Foundation Trust Stillman House 2nd Floor St Richard's Hospital Chichester West Sussex PO19 6SE

Charitable funds received by the Charity are accepted, held and administered as funds and property held on trust for purposes relating to the health service in accordance with the National Health Service Act 1977 and the National Health Service and Community Care Act 1990 and these funds are held on trust by the corporate body.

Professional Advisors

Bankers:

Lloyds Bank Plc 10 East Street Chichester PO19 1HJ

CAF Bank LTD 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

Auditors:

Kreston Reeves LLP 9 Donnington Park 85 Birdham Road Chichester West Sussex PO20 7AJ

Solicitors:

Thomas Eggar The Corn Exchange Baffins Lane Chichester PO19 1GE

Capsticks 77-83 Upper Richmond Road London SW15 2TT

Investment managers:

Atomos Investment Ltd Pacific House 126 Dyke Road Brighton East Sussex BN1 3TE

